

TIMING STONES

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Curlers use stop watches to time a variety of aspects of the game. The use of stop watches is a good idea but it is only a tool to assist the players.

TIMING DRAW SHOTS

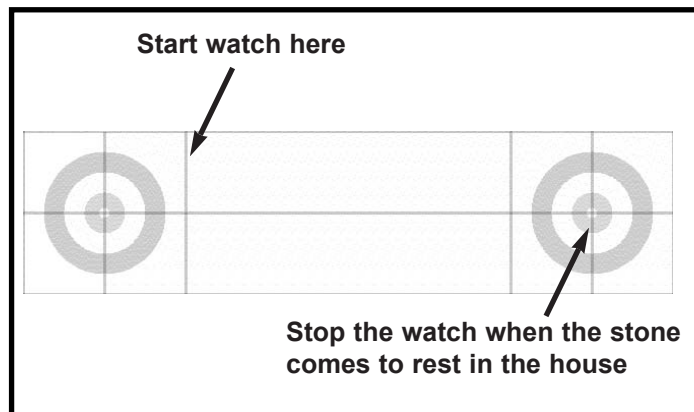
Many curlers time draw shots to give them a good indication of the weight needed to deliver the next draw shot. Curlers can use the stop watch to determine the time it takes a stone to travel between the first hog line and coming to rest in the house.

Once the curler knows this time, they can use this information to deliver a stone of the same duration. Curlers must practice delivering stones that take specific lengths of time to travel the length of the sheet. The key word here is "**practice**". In order for the information to be useful, the curlers must practice delivering stones of different weights.

START the stop watch at the **first hog line** and **STOP** the watch when the **stone comes to rest** in the house.

Times and distance may vary with brushing.

Times may vary if the path of the stone is different. (Outside ice may be different than a path of ice that has had a lot of play).



Hog line to hog line timing is not as accurate for inexperienced teams as **hog line to stop** in the rings. Since the times for hog to hog are shorter, the error factor is larger.

Timing draw shots can be a valuable aid in establishing weight especially during the early ends or as a means of detecting changes in the ice condition during the game.

Timing is useful as a tool to assist the curlers to practice delivering specific weights during practice sessions. It is a tool that may contribute to developing a sense of feel.

IMPORTANT:

The Stop Watch is only one of your many tools. Do not rely on it exclusively.